



Covid-19 has reached Oregon and continues to spread. We are taking precautions to protect our clients and staff, including the following:

VIDEO MEETINGS: Whenever possible, we are conducting meetings using internet video technology. Please contact us to arrange for the use of internet-based or cell-phone based meetings.

CLOSED DOOR POLICY: If you have materials to drop off or pick up, please ring our doorbell and someone will come out to greet you. We are screening persons who have in-office appointments before they come in to our building. We are sanitizing touched surfaces several times daily to protect clients and staff in the building.

ESSENTIAL HOME VISITS: Our care managers and fiduciaries will take extra precautions when making necessary home visits, to include hand-washing, use of hand sanitizer or gloves, changing outer clothing, and maintaining physical distance.

SYMPTOMS, EXPOSURE: If you have been exposed to someone with Covid-19 or Influenza A, or if you have symptoms of fever or respiratory illness, call your primary doctor for instructions. Don't walk in to a clinic or hospital. Call first. Please, don't go to public places, including our office.

INFORMATION HOTLINE, WEBSITES:

- For non-emergency calls related to Covid-19, open 9:00 a.m. to 4:00 p.m., Monday-Friday: 541-682-1380
- Center for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Oregon policies and announcements:

<https://www.oregon.gov/oha/PH/DISEASESCONDITIONS/DISEASESAZ/Pages/emerging-respiratory-infections.aspx>

HOME PRECAUTIONS for CLIENTS and FAMILIES:

1. Ensure that you have a 30-day supply of prescription and over-the-counter medications, including cough and cold remedies, fluids with electrolytes, vitamins, and any supplies you require.
2. Stock up on food and household supplies like laundry detergent, paper towels, and anything else that may run out over the course of a few weeks.
3. Create a plan to have someone check on you daily by phone if you live alone or are quarantined. Designate someone to deliver food and supplies to your home as needed.
4. Activate your JUST IN CASE PLAN so that an Avanti care manager can help monitor you and meet your needs during this period of disruption and social isolation. Call us for additional help with errands, prescription fills, and ideas about technology solutions.

We wish everyone the best during this outbreak. Call us if you need help.